

WHERE RELAXATION IS
AN ADULTS-ONLY EXPERIENCE.



IMOLA HOTEL
PLATÁN
★ ★ ★ ★

MASSAGE

AND WELLNESS SERVICES



KURLAND

Oil Blend

Ölmischung

Sparkling

For Skin Care and Massageoil
Inhalts als Kosmetiköl,
Endergebnis und Einwirkung:
Zur äußerlichen Anwendung!

For Skin Care and Massage Oil
Einsatz in Kosmetiköl, Einwirkung:
Für äußerliche kosmetische Anwendung!

75 ml | 2.55 fl.oz.
75 ml | 2.55 fl.oz.

KURLAND
STORY OF MY NATURE

SPARKLING OIL MASSAGE

It combines the fresh, festive character of sparkling essential oil, the deeply soothing earthy notes of vetiver and the sweet, tropical scent of papaya. Its scent is sensual and uplifting, helping to relax while creating a special atmosphere during everyday skin care.

Its carefully formulated oil blend nourishes the skin, making it soft and silky, and contributing to its natural comfort and elasticity. Thanks to its light, quickly absorbed texture, it does not leave a greasy feeling.

DURATION

PRICE

25 minutes

15.000 HUF

50 minutes

21.000 HUF

A product photograph of a Kurland Goat Butter Massage Lotion jar. The jar is white with an orange label and sits on a two-tiered grey stone pedestal. A large, dynamic splash of white milk or cream arches over the jar, with several clear bubbles floating in the light blue background. The overall aesthetic is clean and fresh.

 KURLAND

ZIEGENBUTTER.
GOAT BUTTER

Massage-
lotion.
FÜR DEN KÖRPER

GOAT BUTTER
BODY MASSAGE LOTION



GOAT BUTTER MASSAGE

The Goat Butter massage lotion contains skin-care butter made from alpine goat milk, nourishing sunflower oil and hydrating jojoba oil. It intensively nourishes and regenerates the skin, while helping to preserve its natural elasticity. It is easily absorbed and does not leave a sticky film, so the skin will immediately feel silky and velvety. Thanks to its anti-inflammatory and skin-soothing effect, it is also suitable for dry, stressed skin.

DURATION	PRICE
25 minutes	15.000 HUF
50 minutes	22.000 HUF

MANGO- LEMON OIL MASSAGE

Enclose the seductive scent of summer in a pampering treatment. The subtly intoxicating, fruity-sweet aroma of mango will accompany the guest long after the massage, while the refreshing lemon will make the moment fresh. Thanks to its plant-based, soft formula, the skin remains hydrated and cared for during the massage. Tension dissolves, the body relaxes, and the skin becomes silky soft. The natural ingredients and the refreshing aroma together ensure complete relaxation.

DURATION

PRICE

25 minutes

13.500 HUF

50 minutes

20.000 HUF



KURLAND

**Permanent
Contour®**

Mango-Zitrone

Mango-Limon

Pflege- und Massageöl
Bis zu 100% aus natürlichen
Ölen und ätherischen Ölen
Zur äußerlichen Anwendung

Skin Care and Massage Oil
100% natural
oils and essences
For external use only

75 ml | 2.55 fl. oz.



KURLAND

Oil Blend

Citramischung

Fresh Up

Pflege- und Massageöl
bestehen hauptsächlich
aus ätherischen Ölen.
Zur äußerlichen Anwendung.

Pain Care und Massage Oil
Rich in essential
oils and enzymes.
For external cosmetic use only.

75 ml | 2,55 fl. oz.



KURLAND
STORY OF MY NATURE

REFRESHING MINT OIL MASSAGE

Sweet almond, sesame and coconut oils nourish and soften the skin, while blueberry, mint, lemon and rosemary essential oils lend a fresh, invigorating aroma. The invigorating effect of peppermint stimulates blood circulation, lemon gives freshness and rosemary enhances the revitalizing experience.

During the massage, the skin remains hydrated, nourished and velvety, while menthol and natural active ingredients reduce irritation, smooth fine wrinkles and cleanse the skin with an antibacterial, disinfectant effect. The fresh scent of mint awakens not only the body, but also the soul: it calms the mind, Improves mood and promotes complete relaxation.

DURATION	PRICE
25 minutes	15.000 HUF
50 minutes	21.000 HUF

REFRESHING FOOT MASSAGE

Pamper tired feet with the Goat Butter Massage Cream, which contains precious Alpine goat milk skin care butter, sunflower and jojoba oils. This special composition not only nourishes and moisturizes the skin of the feet, but also helps to make the feet soft and pleasant to the touch again.



DURATION

20 minutes

PRICE

11.000 HUF

RITUALS

THE POWER OF NATURE, THE EXPERIENCE OF RENEWAL



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ALPINE HARMONY RITUAL

Experience the pure air and tranquility of the Alps with an exclusive body scrub. In the first step of the treatment, the lemongrass body scrub gently cleanses the skin, removing dead skin cells, while the precious minerals of the sea salt nourish and refresh it. The fresh lemongrass and herbal aroma invigorates, reduces stress, stimulates blood circulation and immediately awakens the senses. After the scrub, a skin care oil composition is applied, enriched with cannabis, juniper and grape seed oils, as well as rosemary essence. The massage not only moisturizes and regenerates the skin, but also reduces tension, harmonizes the nervous system and gives freshness to both body and soul. This combined body scrub treatment provides complete renewal, the skin becomes smoother and more elastic

DURATION

80 minutes

PRICE

35.000 HUF

SEA PETALS RITUAL

Let the scent of Damask Rose and Frangipani envelop you in a luxurious full-body spa experience! As the first step of the treatment, the rose flower body scrub gently removes dead skin cells, while the precious minerals and trace elements of sea salt nourish, hydrate and revitalize the skin. The skin will be fresh, soft and velvety and radiant. After the scrub, the Red Roses premium massage oil is applied, which nourishes and firms the skin with almond, argan and linseed oils. The aroma of Damask Rose and Frangipani essential oils helps to relax, enhances relaxation and provides a true wellness experience for both body and soul.

This combined treatment not only ensures the skin's hydration, elasticity and velvety feeling, but also recharges the body and soul.

DURATION

PRICE

80 minutes

35.000 HUF



OTHER
WELLNESS
SERVICES



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FISH PEDICURE

A fish pedicure is a unique, natural foot care experience, during which tiny, specially bred Garra rufa fish remove dead skin cells from the feet. The treatment is painless, gentle and provides a pleasant tingling sensation, while helping to make the skin soft and smooth.

A fish pedicure is not only an aesthetic but also a relaxing experience, making it the perfect choice for those who want to refresh and care for their feet in a natural way.

DURATION

PRICE

20 MINUTES

5.000 HUF

SAUNA CEREMONIES

Our sauna masters welcome those interested with thematic, refreshing ceremonies with different themes. Our guests can enjoy the ceremonies in our Finnish sauna or steam cabin. Our hotel is discreet, naturalistic, so their ceremonies are swimsuit-free, and the use of a sauna sheet is mandatory. During the ceremonies, our sauna master pours various essential oils, beer, brandy, and wine according to the theme appropriate to the seasons.

After the gradual pouring, the sauna master heats and humidifies the air with a fan technique. During the steam ceremony, you can care for your skin with different body scrubs. The sauna ceremonies are held in a good mood, **each program lasts 12-15 minutes.**

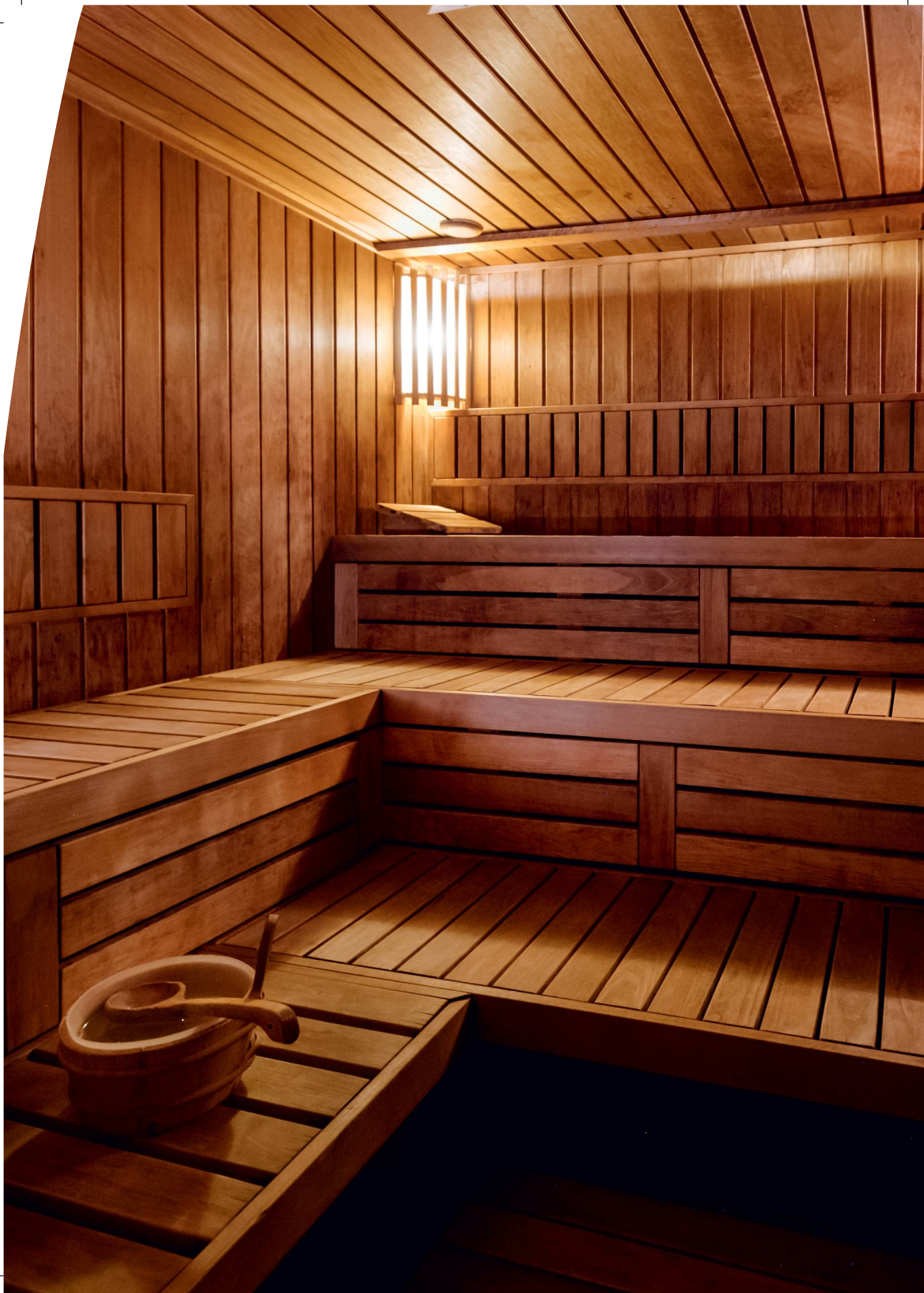
After a sauna, it is important to cool down, which is provided by a shock shower, ice fountain, and Kneipp footbath, so everyone can choose the form of cooling down that suits them. We contribute to your rest and relaxation with a relaxation room, relax armchairs and relaxation beds.

Some of the beneficial effects of sauna use are detoxification, increased metabolism, and skin care.

SAUNA WARNINGS

- Not recommended for pregnant women.
- In case of other health problems, consult the sauna master before using the sauna.
- Before using the sauna, it is recommended to shower and for ladies to remove makeup.

It is not possible to register in advance for sauna ceremonies, but during your stay you can register on the day from 8 am at the wellness reception. The program is available every day for a fee.





SOLAR BEACH / SUNROOM

Every day of the year, our body needs the “vitamin content” of sunlight. We can achieve this at any time of the year with the help of Solar Beach. As a result, we multiply the vitamin D produced in the skin in our body, which attracts many beneficial physiological effects, such as improved calcium absorption. In addition, it gives our skin an attractively beautiful color. The atmosphere of Solar Beach evokes the atmosphere of the beach all year round.

***Contraindications:** excessively white and sensitive skin, excessively freckled skin, during pregnancy.*

400 HUF/minute

Recommended time maximum 15 minutes.

HATHA & FLOW YOGA with yoga instructor Anita Bodó

The Hatha & Flow yoga class combines the stable, sustained poses of classic hatha yoga with more dynamic, flowing sequences of movements. The class focuses on the coordination of breathing and movements, thus simultaneously strengthening the body, developing flexibility and helping to calm the mind.

An ideal choice for beginners and advanced students alike, who would like to consciously move, recharge and become more balanced in their everyday lives.

The class lasts 60 minutes. Please contact our colleagues for class times. Please let us know if you wish to participate in person upon arrival or by emailing recepicio@imolaplattan.hu.

• **Group class**

• **Private class**



FITNESS ROOM

Our hotel's gym is equipped with dumbbells, multi-function machines, resistance bands, and a fit ball. Due to its size, our gym can accommodate 3 people at a time. Guests must notify the wellness reception if they wish to use the gym, and it is subject to availability. The use of the gym is free for hotel guests.

We also have a fitness room with a wall bar, fit ball, small hand weights, and a treadmill. The fitness room is free of charge.

OUTDOOR FITNESS PARK

The outdoor fitness park is a freely accessible, open-air training venue where you can do full-body workouts using your own bodyweight and functional equipment. The stations provide the opportunity to perform strengthening, endurance, and stretching exercises. Exercising in the fresh air not only improves physical fitness, but also recharges your mind. It is ideal for both beginners and advanced users, as the tools can be used at various levels of difficulty and also provide a social experience.



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PRODUCTS

CONSUMER PRODUCTS

Our consumer products can be conveniently purchased at the wellness reception, so that your home skincare experience is just as pampering as ours. Our offer includes professional cosmetic products from **Algologie** as well as high-quality products from **Kurland**.

Choose from Kurland essential oils, nourishing hand creams, lip balms and other premium skincare products to continue the experience of rejuvenation at home.



The German **Kurland®** is one of the world's leading wellness brands. With over 60 years of expertise, unique wellness patents, and facial and body care products, it offers innovative solutions for physical and mental rejuvenation.

The company's product development center is located in the world-famous tourist paradise, the Bavarian Alps, where untouched nature inspires developments. The choice of the best wellness hotels and spas, where pampering really matters.

**THE PREMIUM KURLAND® PRODUCTS ARE SYNONYMOUS WITH
HEALTH AND BEAUTY, SOPHISTICATED AND ELEGANT,
MEANING THEY ARE NATURALLY PERFEC**

Kurland® wellness products and cosmetics are professional skin care products that are available exclusively in hotel environments, where professionals provide personalized, professional advice to guests on health and conscious skin care.

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COSMETIC

TREATMENTS



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REVITALIZING TREATMENT

A true rebirth through the natural wonders of the Pen Lan Peninsula. Active ingredients born in the sea garden replenish and brighten your skin. The treatment is a real energy bomb for tired, dull skin. The result is intensive regeneration, revitalized skin, a bright, radiant complexion.

Gift with hand massage.

60 minutes

35.000 HUF

SENSI PLUS RITUAL

A professional treatment specifically developed for sensitive skin, against harmful external environmental influences. As a result, the skin will be as soft and supple to the touch as after a walk on the beach. The result is calm skin, reduced redness, and a radiant complexion.

Gift with hand massage.

90 minutes

42.000 HUF

HYDRA PLUS RITUAL

A salon treatment designed for dry skin thirsting for hydration, which is like a refreshing moisturizing wave for the skin. Your complexion will be beautiful and fresh, like a dewy spring beach. The result is a refreshed and rested uniform complexion.

Gift with hand massage.

60 minutes

35.000 HUF

BALANCE PROBLEMATIC SKIN FACIAL

Like a refreshing bath in crystal clear water, this facial intensively cleanses and rebalances the skin for those struggling with combination and oily skin to experience a clean and healthy skin feeling.

60 minutes

40.000 HUF

SKIN TIGHTENING AND PLUMPING FACIAL TREATMENT

A cleansing program that serves to deeply cleanse, reduce inflammation and regenerate the skin. It relieves tension in the body, stimulates detoxification in the skin and the entire body. The purpose of the treatment: skin cleansing, inflammation reduction, detoxification, harmonization, regeneration. *Gift with hand massage.*

60 minutes

45.000 HUF



ANTI-AGING STEM CELL THERAPY

A professional facial treatment that has been developed for the special needs of aging skin. In the treatment, the expert touch, as a special anti-aging massage and a combination of exceptional active ingredients work in synergy to restore hydration, firmness, softness, and firmness, and its contours become sharper again.

The result is firmer, plumped skin, and facial contours are redrawn.

Gift with hand massage.

90 minutes

51.000 HUF

DEEP SEA FACIAL TREATMENT

A cleansing program that serves to deeply cleanse, reduce inflammation and regenerate the skin. It relieves tension in the body, stimulates detoxification in the skin and the entire body. The purpose of the treatment: cleansing the skin, reducing inflammation, detoxification, harmonization, regeneration. *Gift with hand massage.*

60 minutes

45.000 HUF



PAMPERING FACE AND EYE CONTOUR TREATMENT

The muscles around the eyes release a lot of tension. That is why a massage performed with expertise and gently is important. The treatment consists of an acupressure eye massage and a lifting pack. For a fresh, fresh and enchanting look. The intensive intake of active ingredients, skin tightening and face lifting also promote the harmonization of the soul. During the treatment, we use a lifting massage with filling substances, the aim of which is cellular renewal.

60 minutes

38.000 HUF

EXCLUSIVE PLATAN MASSAGE

This treatment is a real ME TIME, which relaxes the nervous system, warms the heart and fills you with energy. The treatment includes a deep touch acupressure massage of the head-face-décolleté and arms.

50 minutes

30.000 HUF



FACE-NECK-HEAD MASSAGE FOR MEN

The techniques used in the treatment relax the nerves, evoke inner peace, refresh and regenerate the skin at the cellular level.

30 minutes

23.000 HUF

OXYGENATING, HYDRATING AND NOURISHING TREATMENT FOR MEN

A salon treatment designed for dry skin thirsting for hydration, which is like a refreshing moisturizing wave for the skin. Inspired by the plants of the Brittany Pen Lan coast, it hydrates the skin until the last step of skin care. Your complexion will be as beautiful and fresh as a dewy spring beach. Intensively moisturizes, smoothes fine wrinkles. The result is a refreshed and rested uniform skin. *Gift with hand massage.*

60 minutes

35.000 HUF

DEEP SEA FACIAL CLEANSING FOR MEN

A cleansing program that serves to deeply cleanse, reduce inflammation and regenerate the skin. It relieves tension in the body, stimulates detoxification in the skin and the entire body. The purpose of the treatment: cleanse the skin, reduce inflammation, detoxify, harmonize, regenerate. *Gift with hand massage.*

90-120 minutes

52.000 HUF

OTHER
COSMETIC
TREATMENTS



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Other cosmetic services can only be used with beauty treatments!

WAXING:

	LADIES	GENTLEMEN
Mustache	3.500 HUF	-
Chin (depending on the size of the area)	4.500 HUF	-
Eyebrows	4.000 HUF	4.000 HUF
Underarms	5.000 HUF	5.500 HUF
Bikini line	6.000 HUF	-
Intimate	8.500 HUF	-
Abdomen (below the navel)	3.000 HUF	-
Thighs	6.000 HUF	8.000 HUF
Full leg	10.000 HUF	12.000 HUF
Leg to knee	6.000 HUF	7.500 HUF
Forearm (to elbow)	5.000 HUF	6.500 HUF
Full arm	6.000 HUF	7.500 HUF
Back (full)	-	12.000 HUF

TREATMENTS:

Eyelash tinting	4.500 HUF
Eyebrow tinting	4.500 HUF
Eyebrow plucking	4.000 HUF



alгоlogie

ARMOR • FRANCE

GARDEN OF THE SEA

In France, in Northern Brittany, in a crystal-clear environment, algae, also known as the gold of the sea, live in a unique biotope environment that preserves your beauty.

Using the most modern biotechnology, we are able to efficiently collect marine plants, seaweed and the water of the Gulf Stream in a concentrated manner, which constantly inspires our research team.

Our mission is to make every woman, regardless of age or geographical location, feel as beautiful and radiant all year round as if she had just come from a beach holiday

A UNIQUE HABITAT

On the Pen Lan peninsula, near the Bréhat archipelago, are the Sillon de Talbert dunes, a true natural wonder.

The sandy beach and bay are home to 800 species of algae and marine plants, and at the thriving mouth of the bay, the warm waters of the Gulf Stream and the North Sea mix, which are invigorating and rich in nutrients. Finding the perfect balance, they are able to withstand the most difficult weather conditions, they are able to withstand extreme weather conditions, thus providing the perfect active ingredients for the production of professional cosmetics.



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